

# FH Canada Patient & Family Conference

April 23, 2016  
The Metropolitan Hotel  
645 Howe St, Vancouver, BC

## Updates on Familial Hypercholesterolemia: Diagnosis, Treatment and Access

This meeting provides an opportunity for patients to connect and learn about new developments in diagnosis and treatment of Familial Hypercholesterolemia & other related diseases. Join us in as we collaborate on addressing the opportunities and challenges to improve timely access to diagnosis, information, and best therapies. Participants will share their experiences, learn from key healthcare professionals and collaborate on actions to enhance clinical care and support for all Canadian patients and families.

**There is no cost to attend.**

**Registration:** <https://www.surveymonkey.com/r/2016FHregistration>

If you haven any questions or need more information, please contact Hilary at [info@optimizinghealth.org](mailto:info@optimizinghealth.org) or at (416) 969-7431 ext. 202.

**Faculty:** Dr. Gordon Francis, Dr. Jiri Frohlich, Dr. Liam Brunham, Dr. Kevin Harris

<b>Saturday, April 23, 2016</b>	
10:00 am – 10:30 am	<b>Registration – Cristal Room (Lower Level)</b>
10:30 am – 11:00 am	Welcome and Introductions (Durhane Wong-Rieger)
11:00 am – 11:30 am	Heart Felt: True Stories of Life in the Shadow of LDL Cholesterol
11:30 am – 12:30 pm	Panel discussion #1: Diagnosis and Testing for FH <ul style="list-style-type: none"> <li>• Understanding FH: Genetic causes, inheritance, and variants (Dr. Liam Brunham)</li> <li>• FH Registry: What is a registry, why is it important to be enrolled, what is cascade screening? (Dr. Jiri Frohlic)</li> </ul>
12:30 pm - 1:30 pm	<b>Networking Lunch</b>
1:30 pm – 2:30 pm	Panel Discussion #2: Treatment, Nutrition, and Management <ul style="list-style-type: none"> <li>• Importance of LDL cholesterol management: what works and what is needed (Dr. Gordon Francis)</li> <li>• FH in Children and Youths (Dr. Kevin Harris)</li> </ul>
2:30 pm – 3:30 pm	Patient Journey: Challenges and Inspiration
3:30 pm – 4:00 pm	Working Together to Identify Opportunities and Address Barriers: Creating an Active FH Network

### Youth Session (Optional):

4:30 pm – 6:00 pm	<b>FH Youth Advisory Panel Discussion</b>
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